**Rosita Cortizo, PsyD, MFT, MA**

**(619) 920-1638**

Welcome to my private practice!

I was born in Panama and thus I am a bi-cultural and bi-lingual (English/Spanish) therapist. I chose this profession because I have always been amazed at the power of acceptance, love, and compassion within the therapeutic relationship and its effects on human change.

In 1993, I received a Master’s degree in Chemical Dependence and in 1998, another Master’s in Marriage and Family Therapy (MFT). I later continued my studies to receive a Doctorate degree in Clinical Psychology (Psy.D in 2000) from the United States International University School of Human Behavior (now Alliant University). I completed internships at the Women's Outpatient Recovery Center, Jary Barreto Crisis Center, and Scripps Behavioral Health Outpatient Services.

Currently, I work at North County Health Services, as the OB/WHS Clinical Psychologist and as the high risk consultant for prenatal care cases, in their Women Services Department. I am a licensed clinical psychologist and also licensed as a marriage and family therapist for the state of California. I hold professional memberships with the California Psychological Association, San Diego Psychological Association, International Society for the Study of Trauma and Dissociation, a life member of Psi Chi the National Honor Society in Psychology since 1992, and EMDRIA. I am EMDRIA certified and a Consultant EMDR therapist. I enjoy working with the dually diagnosed, as well as, with families and immigrants, and their ecosystems. I am qualified to provide individual, couple, child, family and group therapy, and specialize in grief counseling, child abuse, trauma, chemical dependence, ethnic/culturally sensitive issues, bicultural couples, parents of children with special needs and their children, and patients with physical and psychiatric illnesses.

I look forward to working with you!

Sincerely,

Rosita Cortizo Psy.D, MFT, MA